ANY POSEY

Keynote Speaker Author Founder + CEO, SUPER*MEGA*BOSS

Create a mindset shift through neuroscience.



HI, I'M AMY.

I have spent the last 20 years speaking about human performance @

Interactive Keynotes focused on neuroscience topics including:

Innovation

KEYNOTES

• Thriving Through Change

• Storytelling

and many others...

VIRTUAL

Any of my keynotes can be delivered in an engaging virtual format. Additionally, I build custom virtual learning programs through my company SUPER*MEGA*BOSS. work. I'm an author, facilitator, and business leader who uses my understanding of applied neuroscience to uncover better ways of working. Based in Silicon Valley, I've facilitated and worked with Fortune 500 companies around the globe.

To me, it's really about understanding and translating science into practical habits. Working with other humans can be challenging, and neuroscience can help us better understand how we work and how others work. My goal is to share what I've learned in a practical, approachable, and entertaining way.

I have consolidated years of lessons into my book, Wild Success, coauthored with Kevin Vallely, and these stories can help all of us drive our own performance in work and life.

WORKSHOPS

Whether it's a new leader, high potential program, or leadership development, you can be sure my leadership programs have people thinking differently and using a leadership mindset immediately.



Published by McGraw Hill, I co-wrote **Wild Success** using inspirational stories from real adventurers. The book shares seven leadership stories with skills from neuroscience that allow today's leader to thrive in the most unpredictable, challenging and dynamic workplaces.



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> INSPICE Create a mindset shift through neuroscience.

BIOGRAPHY

I have spent the last 20 years speaking about human performance @ work. I'm an author, facilitator, and business leader who uses my understanding of applied neuroscience to uncover better ways of working. Based in Silicon Valley, I've facilitated and worked with Fortune 500 companies around the globe. Sharing information about the brain became a game changer for my clients, providing them with practical and useful ways to understand how to work more effectively with others. My passion for translating the science into "real talk" gave people real ways to be more innovative, work through change, and tell better stories.

I spent the first decade of my career in Management Consulting, working with companies like Apple, Adobe, and Applied Materials work through the complexities of change. Through this experience, I realized that the human side of work is challenging for most of us. Understanding our behavior and how other people collaborate, communicate, and work effectively became my core motivation. As I worked with more clients, I gathered insights on what makes a great leader and a great team, both of which drive business results.

From there, I moved on to work for a leadership consulting group that combined my love of adventure with the skills and capabilities needed to be a great leader. I eventually became CEO and ran the business, building first-hand leadership skills. Realizing neuroscience can help us understand our behaviors better, I integrated research and practical application into leadership programs I developed. I decided my next chapter needed to focus on training people to understand and use their brains better @ work. In 2019, I founded SUPER*MEGA*BOSS to develop soft skills using neuroscience for the emerging leader. My focus on the core skills that people need when they first manage others is an area where a new mindset and a little weirdness can produce leaders that are ready to manage in our new world of work.

The opportunities to inspire people to think differently about their brains and work have taken me around the globe with companies across the Fortune 500. From senior executives to managers to individual contributors, I have shared insights that support people in their leadership journeys in an energetic, exciting, and impactful way.



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